

Outdoor & Activities

☼ Children´s Activities	🏠 Youth Activities 13-18year	Camp.guest/Non-camp.guest		Camp.guest/Non-camp.guest
Monday			Friday	
09.00 – 10.00	SUP Morning Glow – Joint Morning Paddling	150kr/250kr	09.00 – 10.00	SUP Morning Glow – Joint Morning Paddling 150kr/250kr
09.30 – 10.30	Crab Fishing ☼	Free/50kr	09.00 – 12.00	MTB Bua Hed – Trail & Sightseeing 450kr/550kr
10.00 – 14.00	Pizza in the Forest – Build a Pizza Oven & Fun together	550kr/650kr	11.00 – 12.30	SUP with your dog 950kr/1050kr
11.00 – 13.00	SUP Basic Course	600kr/700kr	13.30 – 15.30	Rock Climbing – Family & Friends 550kr/650kr
15.00 – 16.00	SUP on the Sea – Joint Group Paddling	150kr/250kr	17.00 – 19.00	Fire Steel & Sausage/ Barbecue 150kr/250kr
17.00 – 20.00	Sea Kayaking with "Swedish Fika" *	595kr/695kr	17.00 – 19.00	Sunset Paddling (Kayak) * 450kr/550kr
Tuesday			17.00 – 19.30	Pizza Buffé at the Restaurant 155kr
08.15 – 09.00	Tabata	Free	18.00 – 20.00	Children´s After Beach ☼ Free
09.00 – 11.00	Childrens Hike to the Woods! ☼	50kr/100kr	From 20.00	Troubadour Evening at the Restaurant Free
10.30 – 12.30	Rock Climbing – Family & Friends	550kr/650kr	Saturday	
15.00 – 16.30	Soccer Hangout 🏠	Free	09.00 – 10.00	Morning Jogging – Jogging together is more fun! Free
17.00 – 20.00	Pizzawrap with Outdoor Kitchen	350kr/450kr	09.00 – 11.00	Rock Climbing – The Challenge 600kr/700kr
17.00 – 18.30	SUP Yoga 18/7 & 8/8	400kr/450kr	10.00 – 11.30	SUP Yoga 29/7 400kr/450kr
18.00 – 20.00	Children´s After Beach - Lilla Scenen ☼	Gratis	10.00 – 13.00	Sea Kayaking with "Swedish Fika" * 595kr/695kr
Wednesday			11.30 – 13.30	Rock Climbing – Family & Friends 550kr/650kr
09.00 – 10.30	MTB Smögen & Kungshamn- Trail & Sightseeing (Possible to rent MTB in the reception)	300kr/400kr	14.00 – 16.00	Rock Climbing – Rappelling 500kr/600kr
09.00 – 13.30	Kayak-Yoga - Kayaking & Yoga on the Cliffs	650kr/750kr	15.00 – 16.00	SUP on the Sea – Joint Group Paddling 150kr/250kr
09.30 – 11.00	Pyssehuset /Tinker House ☼	Free/50kr	15.00 – 17.00	"The Battle" of Johannesvik – Let the best team win! Free/100kr
14.00 – 15.00	SUP on the Sea – Joint Group Paddling	150kr/250kr	17.00 – 19.00	Kayaking: Sea Safari * 450kr/550kr
16.00 – 18.00	Grill/Barbecue & Chill 🏠	100kr/150kr	17.00 – 20.00	Pizza Wrap with Outdoor Kitchen 350kr/450kr
17.00 – 19.30	Taco Buffé at the Restaurant – Wägga Lantkök	175kr	Sunday	
18.00 – 20.00	Sunset Paddling (Kayak) *	450kr/550kr	09.00 – 10.00	SUP Morning Glow – Joint Morning Paddling 150kr/250kr
From 21.00	Quiz with Sofia & Alva at the Restaurant	Free	09.00 – 12.00	MTB Ramsvik – Trail & Sightseeing 450kr/550kr
Thursday			10.00 – 14.00	Kayak Basic Course 900kr/1000kr
08.15 – 09.00	Tabata	Free	11.00 – 14.00	Pizza Wrap with Outdoor Kitchen 350kr/450kr
10.00 – 14.00	Pizza in the Forest – Build a Pizza Oven & Fun together	550kr/650kr	14.30 – 16.30	Rock Climbing – Rappelling 500kr/600kr
13.00 – 15.00	MTB – Sharpen your skills	350kr/450kr	15.00 – 16.00	SUP on the Sea – Joint Group Paddling 150kr/250kr
14.00 – 15.30	SUP & Swim 🏠	100kr/150kr	15.00 – 18.00	Sea Kayaking with Swedish Fika * 595kr/695kr
16.00 – 18.00	Nature Exploration – Explore the woods & Fika/Coffee	250kr/350kr	* Possible in both single kayak (K1) & double kayak (K2)	
17.00 – 17.30	Children´s Mountain Race ☼	Free	** Possible to rent MTB at the reception & online	
17.00 – 18.30	SUP Yoga 27/7 & 3/8	400kr/450kr	Book online no later than 18.00 the day before your activity.	
17.00 – 20.00	Sea Kayaking with "Swedish Fika" *	595kr/695kr	If there is a vacancy, the reception can book closer into the activity	

